

# Shifting towards a positive bias

## Getting your baseline

Indicate on the scales below, how you rate the different aspects of your practice and leadership.

The performance of my team, considering their skills and experience.

I am totally UNCOMFORTABLE with it

I am totally COMFORTABLE with it

My behaviour as a manager of the practice.

I am totally UNCOMFORTABLE with it

I am totally COMFORTABLE with it

My behaviour as a leader.

I am totally UNCOMFORTABLE with it

I am totally COMFORTABLE with it

The business achievements of the practice.

I am totally UNCOMFORTABLE with it

I am totally COMFORTABLE with it

**Answer the survey questions again after having shifted your focus to observing just the positive aspects of your dental practice (and life) for a week.**

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