GET YOUR HOUSE IN ORDER

Welcome to "Get Your House in Order," a unique self-reflection journey designed to help you explore and improve various aspects of your life.

Just like the rooms of a house, each area of our lives needs attention and care. Our interactive form invites you to introspect and plan changes in different life 'rooms' – from your personal goals in the 'Master Bedroom' to your social connections in the 'Living Room'.

Download this form today and start mapping out your pathway to a more fulfilled and balanced life, one room at a time.

EXAMPLE

LOCATION: Living Room	CURRENT REALITY	DESIRED OUTCOME	SHIFT (NEW ACTIONS)
MOOD What is your mood when you are in this room?	Tired	Excited to spend my time doing anything I choose.	Invite my sibling over for morning tea with the intention of connecting.
DOING What are you doing when in this room?	Watching television	Reading, having friends over, watching educational, enlightening and inspiring programs.	
THINKING What are you thinking when in this room?	Nothing muchthat I should be doing something more useful.	All sorts of things. Books, conversations with friends and insightful television programs that push me to think differently and broaden my perspective. Life is interesting!	
FEELING What are you feeling when in this room?	A little disapppointed	Elated	





LOCATION:			
	CURRENT REALITY	DESIRED OUTCOME	SHIFT (NEW ACTIONS)
MOOD			
What is your mood when			
you are in <i>this room?</i>			
DOING			
What are you doing			
when in this room?			
THINKING			
What are you thinking			
when in this room?			
FEELING			
What are you feeling			
when in this room?			
LOCATION			
LOCATION:	CURRENT REALITY	DESIRED OUTCOME	SHIFT (NEW ACTIONS)
MOOD			
What is your mood when			
you are in this room?			
DOING			
What are you doing			
when in this room?			
THINKING			
What are you thinking			
when in this room?			
FEELING			
What are you feeling			
when in this room?		II I	II.

LOCATION:			
	CURRENT REALITY	DESIRED OUTCOME	SHIFT (NEW ACTIONS)
MOOD			
What is your mood when			
you are in <i>this room?</i>			
DOING			
What are you doing			
when in this room?			
THINKING			
What are you thinking			
when in this room?			
FEELING			
What are you feeling			
when in this room?			
LOCATION			
LOCATION:	CURRENT REALITY	DESIRED OUTCOME	SHIFT (NEW ACTIONS)
MOOD			
What is your mood when			
you are in this room?			
DOING			
What are you doing			
when in this room?			
THINKING			
What are you thinking			
when in this room?			
FEELING			
What are you feeling			
when in this room?		II I	II.

LOCATION:			
	CURRENT REALITY	DESIRED OUTCOME	SHIFT (NEW ACTIONS)
MOOD			
What is your mood when			
you are in <i>this room?</i>			
DOING			
What are you doing			
when in this room?			
THINKING			
What are you thinking			
when in this room?			
FEELING			
What are you feeling			
when in this room?			
LOCATION			
LOCATION:	CURRENT REALITY	DESIRED OUTCOME	SHIFT (NEW ACTIONS)
MOOD			
What is your mood when			
you are in this room?			
DOING			
What are you doing			
when in this room?			
THINKING			
What are you thinking			
when in this room?			
FEELING			
What are you feeling			
when in this room?		II I	II.

LOCATION:			
	CURRENT REALITY	DESIRED OUTCOME	SHIFT (NEW ACTIONS)
MOOD			
What is your mood when you are in <i>this room?</i>			
DOING			
What are you doing when in this room?			
THINKING			
What are you thinking when in this room?			
FEELING			
What are you feeling when in this room?			
LOCATION:	CURRENT REALITY	DESIRED OUTCOME	CHIET (NEW ACTIONS)
	CORRENT REALITY	DESIRED OUTCOME	SHIFT (NEW ACTIONS)
MOOD			
What is your mood when you are in <i>this room?</i>			
G			
What are you doing when in this room?			
THINKING			
What are you thinking when in this room?			
FEELING			
What are you feeling when in this room?			